

**INSTRUCTIONS AND MAINTENANCE MANUAL FOR  
THE AQUA SANITAS METAL BOTTLE**

***Dear Sir or Madam,***

thank you for your purchase of the AQUA SANITAS metal bottle. Please make sure you read the instruction manual. You will learn how the minerals are activated, learn about the warnings and benefits of using the AQUA SANITAS bottle and what special features the bottle offers. You will also learn how to make sure that your AQUA SANITAS bottle works with its full potential all the time. All customers that register their product on our website at [www.aquasanitas.net](http://www.aquasanitas.net) will be able to take advantage of certain benefits when buying filters and new AQUA SANITAS bottles.

***This package includes:*** An AQUA SANITAS metal bottle with a removable filter at the top and a built-in filter at the bottom, a bottle cap and a bag (see picture).

**WHAT DOES AQUA SANITAS DO**

Pour regular drinking water into the AQUA SANITAS water bottle and wait for 5–10 minutes. In the meantime, the minerals in the AQUA SANITAS bottle do the following:

- ✓ Increase the pH value of the water and help reduce the acidification of the body,
- ✓ Lower the oxidation reduction potential of water,
- ✓ Divide water molecules into clusters and ionize the water, providing a significantly better hydration in the body,
- ✓ Harmonize the functioning of the human BIO energetic field – the energy deficits are harmonized,
- ✓ Increase the magnesium content by more than 100%,
- ✓ Help filter out chlorine and other drinking water contaminants.

You can learn more about the positive effects of Aqua Sanitas at: [www.aquasanitas.si](http://www.aquasanitas.si)

## **WHICH FILTERS ARE BUILT INTO THE AQUA SANITAS BOTTLE AND WHEN DO YOU NEED TO REPLACE THEM?**

There are two filters in the AQUA SANITAS bottle:

- one built in at the bottom and cannot be replaced,
- one at the top that can be removed or replaced.

The filters contain 16 different types of mineral (including tourmaline, several different zeolites, maifan stone, infrared stone, muyu, jade, clay, nano silver powder and kaolinite).

In the filter at the bottom of the bottle, the minerals dissolve slowly over a period of 5 years from first use if you drink up to 3 litres of water daily. It is not possible to replace the filter after 5 years. This means that you will need to buy a new AQUA SANITAS bottle (*see the benefits when buying a new AQUA SANITAS bottle below*).

In the filter at the top of the bottle, the minerals dissolve faster. Because of this, the filter needs to be replaced 12 months after first use.

*Important notices:*

- 1. Replace the top filter with a new one after 6–12 months (depending on water hardness) if you pour 2–3 litres of water into the AQUA SANITAS bottle every day. If the water is very hard, we advise you to replace the filter every 6 months. When replacing the filter, activate the new one in the same way you activated the AQUA SANITAS bottle for the first time.*
- 2. The built-in bottom filter can be used for 5 years and cannot be replaced.*

### **MINERAL ACTIVATION – The mineral activation procedure in the AQUA SANITAS bottle**

1. Pour hot water (80–90 °C) into the AQUA SANITAS bottle up to the top rim, so that the water covers the removable filter.
2. Wait for at least 20 minutes and pour the water out.
3. After that, rinse the bottle and the top filter thoroughly 3 times.
4. With that, the minerals are activated and the AQUA SANITAS bottle is ready for regular use.

*Important notices:*

- 1. We recommend that you do not pour water that is hotter than 50 °C into the AQUA SANITAS bottle after you activate it. If you do this, you may shorten the lifespan of the minerals in both filters.*

2. *Do not pour other fluids into the AQUA SANITAS bottle (coffee, tea, milk). If you do this, you will drastically decrease the effect of the minerals and might even destroy them permanently.*
3. *At first, the water may have a slightly unusual taste because the minerals are new. After you have used the bottle for one week and cleaned it for the first time with diluted alcohol vinegar, this taste will disappear.*

#### **REGULAR USE:**

Pour drinking water into the AQUA SANITAS bottle and let it rest for at least 5–10 minutes. The water should cover the top (movable) filter. If you wish to achieve a better effect, close the AQUA SANITAS bottle and shake it before each use. During this time, the water is ionized and acquires all the positive effects from the minerals. It is recommended that you drink the water directly from the bottle. If you pour the water into a glass, drink the water within 1 minute if you wish to consume the water with a minimal oxidation reduction potential.

#### **CLEANING AND MAINTENANCE OF THE AQUA SANITAS BOTTLE – VERY IMPORTANT NOTE**

Almost all drinking water contains carbonates or lime scale, which over time coats the minerals in both filters. If the minerals are coated in lime scale, they cannot emit their positive effects any more. Water is fairly hard in most countries (containing a lot of lime scale). Therefore, you **MUST** clean the AQUA SANITAS **every week** or clean both filters with diluted alcohol vinegar as follows:

1. Open the bottle cap and pour 5 cl alcohol vinegar into the bottle, then add about 20 cl hot water (40 °C) up to the top rim of the bottle. **Leave the AQUA SANITAS bottle open. When cleaning the bottle with diluted alcohol vinegar, NEVER close it with the cap. If you do, negative pressure can occur meaning that you will not be able to open the bottle any more.** If this happens, the bottle becomes useless and can be dangerous as well.
2. Leave the mix of water (20 cl) and alcohol vinegar (5 cl) in the AQUA SANITAS bottle for 20–30 minutes. After that, pour out the contents and rinse the AQUA SANITAS bottle and both filters thoroughly with water.

#### *Important notices:*

1. *If you accidentally close the bottle cap and cannot open your AQUA SANITAS bottle any more, **DO NOT try to force the cap open** – this can lead to injury. If this happens, take your AQUA SANITAS bottle to the nearest safe metal disposal area immediately. A bottle like this is no longer useful and can be dangerous as well.*

2. *The flow rate of the filter is influenced by the quality and hardness of the water. If the flow rate of the top filter is reduced, wash it with diluted alcohol vinegar.*
3. *Do not clean with detergents – this decreases or destroys the positive effects of the minerals.*

#### **OTHER NOTICES:**

- *Do NOT use water from the AQUA SANITAS bottle when you are taking medication that can be affected by an increased pH value. Always consult your doctor or pharmacist if your medicine is affected by an increased pH value (7.5–8) that is created if you drink water from the AQUA SANITAS bottle..*
- *Patients with weak kidneys, heart problems, liver cirrhosis, allergies or stomach problems should consult a doctor before using the AQUA SANITAS bottle. Pregnant women and nursing mothers should consult a doctor as well.*
- *Never heat the AQUA SANITAS bottle on the stove or in the microwave.*
- *Keep away from children.*

#### **REGISTRATION OF YOUR AQUA SANITAS BOTTLE AND THE RESULTING ADVANTAGES**

We suggest that you register or send us your information within 30 days of purchase. The main advantages are:

- Free weekly notifications via e-mail or text messages about necessary mineral cleaning.
- Free notifications via e-mail or text messages about the necessary replacement of the removable top filter after 1 year.
- Free notifications via e-mail or text messages about the necessary replacement of the AQUA SANITAS bottle after 5 years.
- 15% discount on the purchase of a top filter.
- 30% discount on the purchase of a new AQUA SANITAS bottle if you return the old one (old for new).

If you wish to register, submit the following information to your seller:

- Name and forename
- E-mail
- Mobile number
- AQUA SANITAS bottle serial number (on the bottom of the bottle)
- Serial number of the top movable filter

If you are successfully registered, you will receive an email or a text message to your mobile number.

For additional information, contact your importer:

MIA NATURA d. o. o., PE trgovina, Gosposvetska 6, 1000 Ljubljana,

Telephone: 040 55 44 55 Website: [www.aquasanitas.si](http://www.aquasanitas.si)

## **AQUA SANITAS**

### ***a metal bottle that helps your immune system***

Expert opinion:

#### **Prof. Igor Jerman**

*“Water from the AQUA SANITAS bottle works like a kind of anti-oxidant. If you keep drinking water from this bottle throughout the day, it affects the highly aggressive oxidation radicals that are the main cause of mutation and tissue decay. In this way, it ensures vitality, youthful appearance and skin health.”*

#### **Dr Marko Potočnik, dermatologist**

*“If you use the AQUA SANITAS bottle, you can slow down the ageing process because the basic ionized water from the AQUA SANITAS helps in eliminating the acidification of the organism and gives the potential to protect the skin and the organism itself – it protects the organism from aggressive, reactive oxygen compounds that threaten our health and are one of the most important factors in the ageing process in our body.”*

#### **Branka Lovrečič, Institute for Bioelectromagnetics and New Biology – BION:**

*Measurements of the bioenergetic field have shown that water from the AQUA SANITAS bottle harmonizes the functioning of the energetic field in humans. When we carried out tests using our method, the results from the water drop residue showed a very rich water structure. Water from the AQUA SANITAS bottle becomes very rich with minerals, which affect the organism positively in both the short- and long-term.*

#### **Dr Eva Dolničar Šivic, paediatrician**

*Water from the AQUA SANITAS bottle is recommended for children as well – children, especially young children, often do not feel thirsty, resulting in bad moods, crying, headaches, irritation and the like. Water needs to be provided to children regularly as a drink, especially in the summer, winter and in heated rooms.*

#### **Igor Pekica, physiotherapist:**

*I have been drinking water from the AQUA SANITAS bottle for a long time and other athletes I work with have also accepted it positively. I recommend drinking water from the AQUA SANITAS bottle to everyone who wants to remain or become vital.*

**Nina Mažar, sales manager of medical devices at SANOLABOR:**

*If we drink water from the AQUA SANITAS bottle, it is easier for us to overcome the problems of modern times. We know that all the factors that cause the acidification of the body - such as stress, inappropriate diet, excessive physical activity, various efforts and environmental pollution – at the same time cause several different diseases. If you drink basic water from the AQUA SANITAS bottle, this helps in eliminating acidification of the body, detoxifies the body, cleans it, hydrates it and keeps us healthy and vital. Our body consists of more than 70 percent water. Because of this, it is very important what kind of water we drink!*